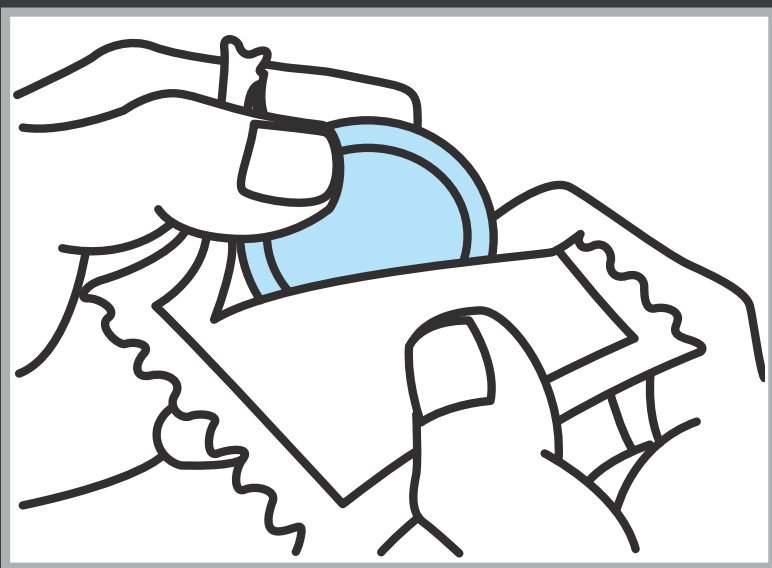


# HOW TO USE CONDOMS CORRECTLY

Using a condom is simple – BUT incorrect usage can lead to condom slippage or breakage, which reduces their effectiveness! Take the time to read this section so you know you're doing everything you can to stay safe!

## BEFORE SEX



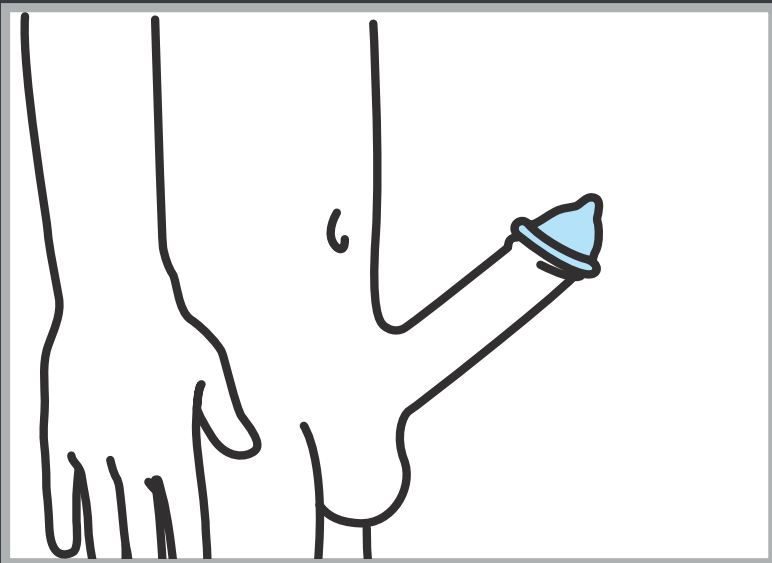
Use a new condom for every sex act.

Lesions, pre-ejaculate secretions, semen, vaginal secretions and blood can all transmit infectious organisms.

Check the expiry date.

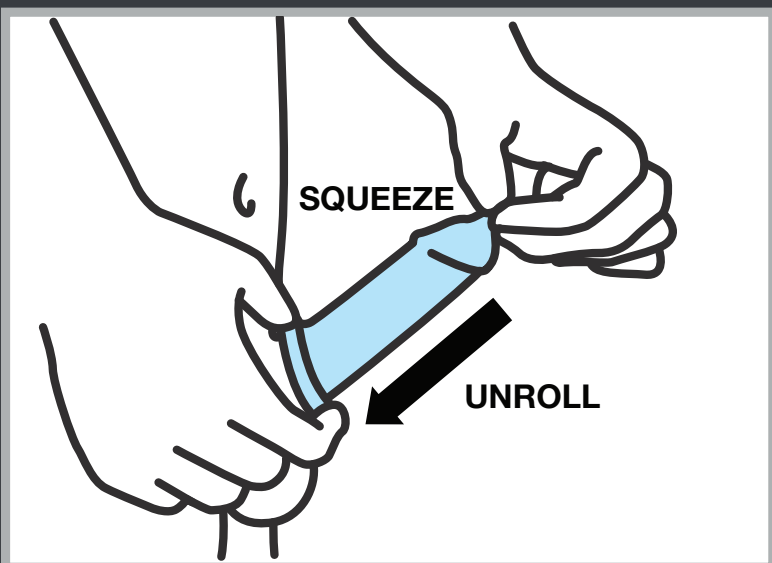
Tear open package carefully.

Do not use fingernails, teeth, scissors or anything that can damage the condom.



Before any sexual contact, place the condom on the head of the erect penis.

Be sure the rolled up ring is on the outside and leave space at the tip to hold semen when you ejaculate.

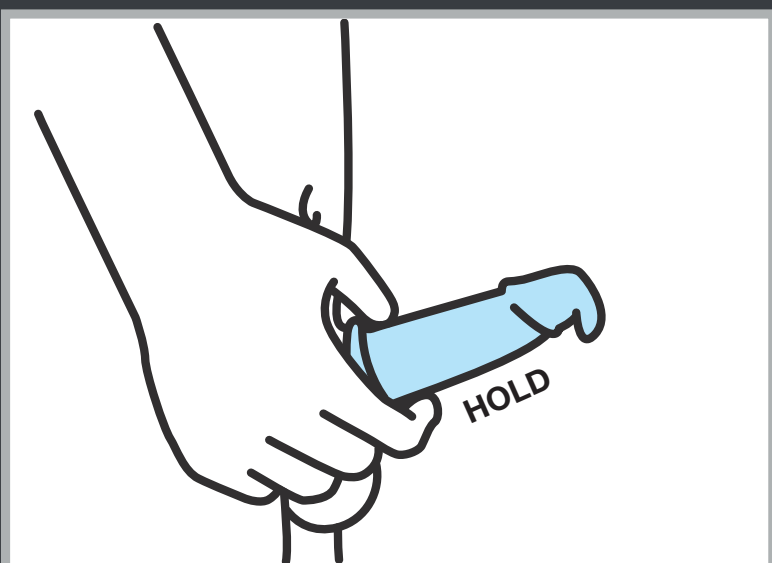


Squeeze tip gently so no air is trapped inside. Hold tip while you unroll condom all the way to the base of the erect penis.

If the condom doesn't unroll, it may be backwards, damaged or too old.

Throw it away and start over with a new condom.

## AFTER SEX



Immediately after ejaculation, hold the condom in place and withdraw the penis while it is still erect to avoid spilling semen.

Dispose of a used condom by wrapping it in tissue and throwing it in the trash.

Wash your hands and genitals and surrounding areas with soap and water.

For more information visit [www.weknowsex.ca](http://www.weknowsex.ca)

  
**TROJAN**  
CONDOMS